



Books for Primary Years and Early Teens

(Personal Safety)

Recommended resources for children
Further information about Kidz Biz Education is available:
www.kidzbiz.edu.au

Girls/Boys/Everyone

- **A Secret Safe To Tell** by Naomi Hunter (age 4-7)
- **Body Smart: Right from the start** by Kerri Isham (age 3-7)
- **C is for Consent** by Eleanor Morrison (age 3-8)
- **Everyone's Got A Bottom** by Tess Rowley (age 3-5)
- **Gary just didn't know the rules** by Holly-ann Martin (age 6-12)
- **Hamish and the Shadow Secret** by Liz Walker (age 10-13)
- **Inside Out: Your body is amazing inside and out and belongs only to you** by Dr. Mary Jo Podgurski (age 8-12)
- **Let's Talk About Body Boundaries, Consent and Respect** by Jayneen Sanders (age 4-8)
- **Matilda Learns A Valuable Lesson** by Holly-ann Martin (age 5-10)
- **Messages About Me: Sydney's Story, A Girl's Journey to Healthy Body Image** by Educate and Empower Kids (age 10-13)
- **Messages About Me: Wade's Story, A Boy's Quest for Healthy Body Image** by Educate and Empower Kids (age 10-13)
- **My Body! What I Say Goes!** by Jayneen Sanders (age 3-7)
- **My Private Parts are Private!** by Robert D Edelman (age 6-10)
- **My Underpants Rule!** by Kate and Rob Power (age 3-7)
- **No Means No!** by Jayneen Sanders (age 3-7)
- **Pearl Fairweather, Pirate Captain** by Jayneen Sanders (age 5-9)
- **Petra's Power to See: A Media Literacy Adventure** by Educate and Empower Kids (age 9-13)
- **Someone Should Have Told Me** by Holly-ann Martin (age 3-8)
- **Some Secrets Should Never Be Kept** by Jayneen Sanders (age 5-8)
- **What Does Consent Really Mean?** by Pete Wallis and Thalia Wallis (age 14+)
- **What is Consent? Why is it Important? And Other Big Questions** by Louise Spilsbury and Yas Necati (age 8-14)

All books listed above have written reviews by **Cath Hakanson** online: **<https://sexedrescue.com>**

You can also watch her review them individually on **YouTube**.

- **<https://www.betterhealth.vic.gov.au/health/healthyliving/teenage-health>**
- **<http://www.cyh.com/HealthTopics/HealthTopicDetailsKids.aspx?p=335&np=289&id=1774>**
- **<https://www.internetsafeeducation.com/>**
- **<http://www.itstimewetalked.com.au/resources/in-the-picture/>**
- **<http://www.itstimewetalked.com.au/young-people/>**
- **<http://kidshealth.org/en/kids/grow/>**
- **<http://kidshealth.org/en/teens/puberty.html>**
- **<https://sexetc.org/>**
- **<https://www.thinkuknow.org.au/>**
- **<https://www.thinkuknow.co.uk/>**
- **<http://www.youthcentral.vic.gov.au/web-social-safety>**