



Books suitable for Junior & Middle Primary

*Recommended reading for children and parents.
Further information about **Kidz Biz Education** is available:*

www.kidzbiz.edu.au

Girls

- 🌸 **Beautiful Girl: Celebrating the Wonders of your Body** by Christiane Northrup (age 8-10)
- 🌸 **I'm a Girl: Special Me** by Shelley Metten (age 5-7)
- 🌸 **Secret Girls' Business** by Fay Angelo, Heather Pritchard and Rose Stewart (age 8+)

Boys

- 🌸 **I'm a Boy: Special Me** by Shelley Metten (age 5-7)
- 🌸 **Secret Boys' Business** by Fay Angelo, Heather Pritchard and Rose Stewart (age 8+)

Girls & Boys

- 🌸 **Amazing You** by Gail Saltz (age 4-8)
- 🌸 **Bodies, Babies and Bellybuttons** by Lynnette Smith (age 5-7)
- 🌸 **Changing You: A guide to body changes and sexuality** by Gail Saltz (age 8-12)
- 🌸 **Does this Happen to Everyone?** by Jan von Holleben and Antje Helms (age 11+)
- 🌸 **Hair in Funny Places** by Babette Cole (age 7-9)
- 🌸 **Hello Baby** by Jenni Overend (age 4-8)
- 🌸 **How Did I Begin?** by Mick Manning (age 5-8)
- 🌸 **It's NOT the Stork! A Book About Girls, Boys, Babies, Bodies, Families and Friends** by Robie H. Harris (age 4-7)
- 🌸 **It's So Amazing! A Book About Eggs, Sperm, Birth, Babies and Families** by Robie H. Harris (age 7-10)
- 🌸 **Let's Talk about Body Boundaries, Consent and Respect** by Jayneen Sanders (age 4-9)
- 🌸 **Mummy Laid an Egg** by Babette Cole (age 5-7)
- 🌸 **Our Baby Inside!** by Mick Manning (age 4-10)
- 🌸 **Special Me: For IVF families** by Tara Mitchell (age 3-8)
- 🌸 **The Amazing True Story Of How Babies Are Made** by Fiona Katauskas (age 7-10)
- 🌸 **The Baby Tree** by Sophie Blackall (age 4-7)
- 🌸 **What's In There? All About Before You Were Born** by Robie H. Harris (age 3-6)
- 🌸 **What Makes A Baby?** by Cory Silverberg (age 4-7)
- 🌸 **What's The Big Secret?: Talking about sex with girls and boys** by Laurene Krasny Brown and Marc Brown (age 6-9)
- 🌸 **Where Did I Come From?** by Peter Mayle (age 6-9)
- 🌸 **Where Willy Went - The Big Story of a Little Sperm** by Nicholas Allan (age 5-8)
- 🌸 **Where Did I Really Come From?** by Narelle Wickham (age 5-12)
- 🌸 **Who We Are! All about being the same and being different** by Robie H. Harris (age 3-5)
- 🌸 **Who Has What? All about Girls' and Boys' bodies** by Robie H. Harris (age 3-5)
- 🌸 **Who's In My Family? All about our families** by Robie H. Harris (age 3-5)
- 🌸 **21st Century Guide To The Birds And Bees** by Belinda Messer and Rosie Luik (age 5-10)
- 🌸 **400+ questions kids have about relationships** by Interrelate (age 6-9)

Parents

- ☼ **Sex Ed Quickies Web-based App** for 3-13 year olds
- ☼ **There's No Place Like Home... For Sex Education** by Mary Gossart
- ☼ <https://sexedrescue.com/sex-education-books/>

Note: *All books listed above have written reviews by Cath Hakanson: <https://sexedrescue.com>
She also reviews them individually on **YouTube**.*