



## Books suitable for Personal & Cyber Safety

(Parents & Children aged 3-12)

*Recommended reading for children and parents.*

Further information about **Kidz Biz Education** is available:

[www.kidzbiz.edu.au](http://www.kidzbiz.edu.au)

### Personal Safety

- **A Secret To Tell** by Naomie Hunter (age 4-7)
- **Body Smart Right From The Start** by Kerri Isham (age 3-7)
- **Cell Phoney** by Julia Cook (age 8-10)
- **Digital World-A smart girl's guide** by Carrie Anton (American Girl) (age 9-12)
- **Hayden-Reece Learns A Valuable Lesson That Private Means Private** by Holly-ann Martin (age 5-10)
- **Matilida Learns A Valuable Lesson** by Holly-ann Martin (age 5-10)
- **My Body What I Say Goes** by Jayneen Saunders (age 3-7)
- **No Means No!** by Jayneen Saunders (age 3-7)
- **Pearl Fairweather Private Capitan** by Jayneen Saunders (age 5-9)
- **Some Secrets Should Never Be Kept** by Jayneen Saunders (age 5-8)

### Cyber Safety

- **A Smart Girl's Guide: Digital World** by Carrie Anton (American Girl) (age 9-12)
- **Gary just didn't know the rules** by Holly-ann Martin
- **Good Pictures Bad Pictures jr** by Kristen Jensen (age 4-8)
- **Good Pictures Bad Pictures** (age 9-12)
- **Hayden –Reece Learns What o Do If Children See Private Pictures or Private Movies** by Holly-ann Martin (age 5-10)
- **Noni Talks About Sex.... & More** by Holly-ann Martin (age 10-13)
- **How to text Girls** by Kelli Dunham (age 12-14)
- **How to Text Boys** by Kelli Dunham (age 12-14)
- **Not For Kids!** by Liz Walker (age 5-8)
- **Someone Should Have Told Me: A Book to Protect Kids from Porn** by Holly-ann Martin (age 8+)
- **The Internet is like a Puddle** by Shona Innes (age 4-7)
- **The Tech Savy Useres Guide to the Digital World** by Lori Getz (12-13+)
- **The Tweeting galah** by Kim Maslin (age 8-12)

### Parents

- **There's No Place Like Home For Sex Eucation** by Mary Gossart
- **Culture Reframed** <https://www.culturereframed.org/parents-program/>
- **ESafety Parent** <https://www.esafety.gov.au/education-resources/iparent>
- **Protect Youg Minds** <https://protectyoungminds.org/>
- **Sex Ed Rescue** <https://sexedrescue.com/sex-education-books/>

**Note:** All books listed above have written reviews by **Cath Hakanson** <https://sexedrescue.com>  
She also reviews them individually on **YouTube**.