



GROWTH & DEVELOPMENT

Workshops & booking form 2019

Growth and Development workshops offered by Kidz Biz Education to primary schools for Years 4 and 5 students.

To reserve a booking, please complete the booking form at the back of this pamphlet ensuring that all details are clearly marked. Completed forms can be emailed to Kidz Biz Education on the address shown above.

Classroom workshops for Year 4/5 students

All workshops cover core social, personal and sexuality development education and are mapped to the **Australian Curriculum: Health & Physical Education** and the **Keeping Safe: Child Protection Curriculum**. They also work well as an introduction to school-based programs in Pastoral Care and Personal Development.

Busy Bodies (Workshop A, B or C)		
Suitable Year 4/5 students (Ages 9 to 11)		
<p>A (2 workshops) Yr 4/5 1 double session (90 min)</p>	<p>B (3 workshops) Yr 5 only 3 single sessions (45-50 min)</p>	<p>C (3 workshops) Yr 5 only 3 single sessions (45-50 min)</p>
<p>(BASIC) The Amazing Human Body Birds, Bees and Babies Busy Bodies (Puberty)</p>	<p>The Amazing Human Body Basic Reproductive System</p>	<p>The Amazing Human Body Basic Reproductive System</p>
	<p>Busy Bodies Changes During Puberty</p>	<p>Busy Bodies Changes During Puberty</p>
	<p>Personal & Cyber Safety</p>	<p>Getting Along Relationships</p>

Duration: Between 40 to 50 minutes in duration depending on individual school's timetable.

Scheduling: **Workshop A** is a **double lesson**. Workshops B & C can be booked either as single lessons, or as a double plus a single lesson

Requirements: School to provide laptop computer, data projector and whiteboard.

Maximum class numbers

To maximize the level of effective interaction among students and ensure there is a sufficient allocation of resources for group activities, the maximum number of students per class should **not exceed 33**. However, additional student numbers may be negotiated with Kidz Biz Education beforehand.

Fees

Workshop	Cost per class	Number of sessions
A	\$240 + 10% GST	1 double lesson x 90 minutes
B	\$360 + 10% GST	3 lessons x 40 - 45 minutes
C	\$360 + 10% GST	3 lessons x 40 - 45 minutes

Please note: The prices listed for the above workshops are for Adelaide metropolitan schools only. For outer metropolitan and county schools, additional costs will apply to cover travel/accommodation costs. (This excludes school holidays)

Kidz Biz Year 4/5 Workshop A Overview (1 double lesson)

- Discuss the amazing human body
- Identify and discuss the basic female reproduction system parts
- Identify and discuss the basic male reproductive system parts
- Dispersing myths as to where babies come from
- Introducing and discussing the reproductive cells : egg, sperm, conception/fertilization
- Discuss the developing baby
- Basic explanation of birth processes
- Discuss puberty on a basic level, mentioning how, when as well as mentioning some female, male and both physical and emotional changes: breasts grow, pimples, mood swings, smelly bodies, girls release eggs, period starts and boys produce sperm cells.

Kidz Biz Year 5 Workshop B Overview (3 lessons)

- Discuss body systems & functions
- Introducing the female reproduction system at a basic level
- Introduce the male reproductive system at a basic level
- Identify and explain body changes during puberty, mentioning some female/ male physical and emotional changes: breasts grow, pimples, mood swings, smelly bodies, ovaries release eggs, period starts, testicles produce sperm cells
- Understanding and discussing body image: the way we look is only part of who we are, other things are more important
- Identify and develop skills relating to personal safety
- Recognise the body's early warning signs and take action
- Explain how to be responsible and respectful when using online technology
- Discuss the importance of keeping personal information safe, not sharing passwords or arranging to meet up with strangers
- Discuss strategies to use if exposed to inappropriate content online

Kidz Biz Year 5 Workshop C Overview (3 lessons)

- Same as B until personal safety then:
- Discuss the importance of positive communication and getting along with others
- Identifying and discuss the importance of different relationships
- Explain what makes and breaks relationships and develop strategies to manage this
- Explore strategies for getting along with family: coping with conflict, family arguments and problem solving

KIDZ BIZ EDUCATION BOOKING FORM

Name of School:	Contact Person:
Phone No:	Email:

Please indicate your preferences in sequential order (e.g. most to least preferred) for terms and days.

Preferred Terms:				Preferred Days:				
1	2	3	4	Mon	Tues	Wed	Thurs	Fri

Busy Bodies (Years 4/5)

<p>Workshop A: Double lesson <input type="checkbox"/></p> <p>No. of 4/5 classes: Year Level/s:</p>
<p>Workshop B: Single lessons <input type="checkbox"/> Double lesson <input type="checkbox"/></p> <p>No. of Year 5 classes:</p>
<p>Workshop C: Single lessons <input type="checkbox"/> Double lesson <input type="checkbox"/></p> <p>No. of Year 5 classes:</p>

BELL TIMES (Required for scheduling purposes)

Day begins	Day ends
Start recess	Recess ends
Start lunch	Lunch ends

Please note: Your school will be charged 20% deposit if you cancel sessions within six weeks of your booking confirmation date.

No. of Year 4/5 classes booked @\$ per workshop = \$

No. of Year 5 classes booked @\$ per workshop = \$

Booking authorized by: / / 2019
Print Name Signature Date