



## GROWTH & DEVELOPMENT Workshops & Booking Form

Growth and Development workshops offered by Kidz Biz Education to primary schools for Years 6 and 7 students. (Year 5s can be included by prior arrangement in Year 6/7 workshops).

To reserve a booking, please complete the booking form at the back of this pamphlet ensuring that all details are clearly marked. Completed forms can be emailed to Kidz Biz Education on the address shown above.

### Classroom workshops for Year 6/7 students

All workshops cover core social, personal and sexuality development education in accordance with **The Australian Curriculum: Health & Physical Education and the Keeping Safe: Child Protection Curriculum**. They also work well as an introduction to school-based programs in Pastoral Care and Personal Development.

### Guess what... you're growing up! (Workshop A, B or C)

#### Suitable Year 6/7 (Ages 11 to 13)

A (3 lessons)	B (4 lessons)	C (4 lessons)
The human body The reproductive system	The human body The reproductive system	The human body The reproductive system
Conception to birth	Conception to birth	Conception to birth
Puberty (physical)	Puberty (physical)	Puberty (physical)
<b>Optional Workshop</b> Cyber bullying	Puberty (emotional) Problem solving Family conflicts	Relationships Media pressure & influences Sexualization of children

### Time duration of lessons

All lessons run between 45 to 50 minutes in duration depending on individual school's timetable.

### Lesson scheduling

Workshop A to C can be booked either as single lessons, double or a combination of both.

### Supplementary/Optional workshops available

In addition to the core lessons provided, as indicated in the above table, three supplementary workshops are offered as well.

#### Workshop D: Keep Safe (Personal + Cyber safety)

This lesson helps students identify and develop skills that are required for their personal safety, social and family responsibilities. It also includes strategies to minimize risks associated with their online use, cyber bullying and harassment.

#### Workshop E: Friendships, Conflict and Stress

A lesson that equips students with a survival kit of skills required to build /make successful, healthy, friendships/relationships, as well as strategies for resilience, coping with stress and conflict.

Mission Australia (2015) surveyed 30, 000 young people between the ages of 11 and 24 years.

Two of the highest ranked issues that worried them, were family conflict and coping with stress.

#### Workshop F: Smoking, Alcohol and Drugs. (Peers, not parents, sway teenage drug use)

A skills/strategy lesson, providing information to students on peer pressure, unsafe situations and social dilemmas in relation to teenage smoking, alcohol and drug use. It also addresses the short and long term physical, social and legal consequences.

Teenagers' friendship groups in the late stages of puberty have the greatest influence on whether they drink alcohol, smoke or use cannabis. (Melbourne University research)

**Note: The above core and optional lessons can be tailored in accordance with the school ethos and gender requirements for both public and private schools.**

## Fees

Workshop	Cost per class	Number of lessons
<b>A:</b>	<b>\$345 + GST 10%</b>	3 lessons x 45 - 50 minutes.
<b>B:</b>	<b>\$460 + GST 10%</b>	4 lessons x 45 - 50 minutes.
<b>C:</b>	<b>\$460 + GST 10%</b>	4 lessons x 45 - 50 minutes.

### Optional single workshops

<b>D: Keep Safe</b>	<b>\$115 + GST 10%</b>	1 lesson x 45 - 50 minutes.
<b>E: Friendships, Stress, and Conflict</b>	<b>\$115 + GST 10%</b>	1 lesson x 45 - 50 minutes.
<b>F: Smoking, Alcohol and Drugs</b>	<b>\$115 + GST 10%</b>	1 lesson x 45 - 50 minutes.

### Lesson Presentation

As all lessons will be in PowerPoint, schools will be required to provide a laptop computer, data projector and a whiteboard.

### Maximum class numbers

To maximize the level of effective interaction among students and ensure there is a sufficient allocation of resources for group activities, the maximum number of students per class should **not exceed 33**. However, additional student numbers may be negotiated with Kidz Biz Education beforehand.

**Please note: The prices listed for the above workshops are for Adelaide metropolitan schools only. For outer metropolitan and county schools, additional costs will apply to cover travel/accommodation costs.**

# KIDZ BIZ ED BOOKING FORM

Name of School:	Contact Person:
Phone No:	Email:

Please indicate your preferences in sequential order (e.g. most to least preferred) for terms and days.

Preferred Terms:				Preferred Days:				
1	2	3	4	Mon	Tues	Wed	Thurs	Fri

## Guess what... you're growing up (Years 6/7)

<p><b>Workshop A:</b> Single lesson <input type="checkbox"/>      Double lesson <input type="checkbox"/></p> <p>Plus optional workshop: D: <input type="checkbox"/>    Plus E: <input type="checkbox"/>    Plus F: <input type="checkbox"/></p> <p>No. of classes:              Year Level/s:</p>
<p><b>Workshop B:</b> Single lesson <input type="checkbox"/>      Double lesson <input type="checkbox"/></p> <p>Plus optional workshop: D: <input type="checkbox"/>    Plus E: <input type="checkbox"/>    Plus F: <input type="checkbox"/></p> <p>No. of classes:              Year Level/s:</p>
<p><b>Workshop C:</b> Single lesson <input type="checkbox"/>      Double lesson <input type="checkbox"/></p> <p>Plus optional workshop: D: <input type="checkbox"/>    Plus E: <input type="checkbox"/>    Plus F: <input type="checkbox"/></p> <p>No. of classes:              Year Level/s:</p>

### BELL TIMES (Required for scheduling purposes)

Day begins	Day ends
Start recess	Recess ends
Start lunch	Lunch ends

**Please Note:** Your school will be charged 20% deposit if you cancel our G&D workshops within six weeks of your booking confirmation date.

No. of Year 6/7 classes booked ... @ \$..... per workshop = \$ .....

No. of optional sessions booked ..... @ \$..... per workshop = \$ .....

Booking authorized by: ..... / ..... / /20  
Print Name                      Signature                      Date