



Books suitable for Junior & Middle Primary

*Recommended reading for children and parents.
Further information about **Kidz Biz Education** is available:*

www.kidzbiz.edu.au

Girls

- ✿ **Beautiful Girl: Celebrating the Wonders of your Body** by Christine Northrup (age 8-10)
- ✿ **I'm a Girl: Special Me** by Shelley Metten (age 5-7)
- ✿ **Secret Girls' Business** by Fay Angelo, Heather Pritchard and Rose Stewart (age 8+)

Boys

- ✿ **I'm a Boy: Special Me** by Shelley Metten (age 5-7)
- ✿ **Secret Boys' Business** by Fay Angelo, Heather Pritchard and Rose Stewart (age 8+)

Girls & Boys

- ✿ **Amazing You** by Gail Saltz (age 4-8)
- ✿ **Bodies, Babies and Bellybuttons** by Lynette Smith (age 5-7)
- ✿ **Changing You: A guide to body changes and sexuality** by Gail Saltz (age 8-12)
- ✿ **Does this Happen to Everyone?** by Jan Von Hollebun (age 11+)
- ✿ **Hair in Funny Places** by Babette Cole (age 7-9)
- ✿ **How Did I Begin** by Mick Manning (age 5-8)
- ✿ **It's NOT the Stork! A Book About Girls, Boys, Babies, Bodies, Families and Friends** by Robie Harris (age 4-7)
- ✿ **It's So Amazing! A Book About Eggs, Sperm, Birth, Babies and Families** by Robie Harris (age 7-10)
- ✿ **Let's Talk about Body Boundaries, Consent and Respect** by Jayneen Sanders (age 4-9)
- ✿ **Making A Baby: An Inclusive Guide to How Every Family Begins** by Rachel Greener (age 6-10)
- ✿ **Mummy Laid an Egg** by Babette Cole (age 5-7)
- ✿ **Our Baby Inside** by Mick Manning (age 4-10)
- ✿ **Special Me: For IVF families** by Tina Mitchell (age 3-8)
- ✿ **The Amazing True Story Of How Babies Are Made** by Kerri Isham (age 7-10)
- ✿ **The Baby Tree** by Sophie Blackall (age 4-7)
- ✿ **What's In There? All About Before You Were Born** by Robie Harris (age 3-6)
- ✿ **What Makes A Baby** by Cory Silverberg (age 4-7)
- ✿ **What's The Big Secret: Talking about sex with boys and girls** by Laurie Kransky Brown and Marc Brown (age 6-9)
- ✿ **Where Did I Come From?** by Peter Mayle (age 6-9)
- ✿ **Where Willy Went – The Big Story of a Little Sperm** by Nicholas Allan (age 5-8)
- ✿ **Where Did I Really Come From?** by Narelle Wickham (age 5-12)
- ✿ **Who Are We: All about being the same and different** by Robie Harris (age 3-5)
- ✿ **Who Has What? All about Girls' and Boys' bodies** by Robie Harris (age 3-5)
- ✿ **Who's In My Family: All about families** by Robie Harris (age 3-5)
- ✿ **21st Century Guide To The Birds And Bees** by Belinda Messer and Rosie Luik (age 5-10)
- ✿ **400+ questions kids have about relationships** by Interrelate (age 6-9)

Parents

- ✿ **Sex Ed Quickies Web-based App** for 3-13 year olds
- ✿ **Talk soon. Talk often. A guide for parents talking to kids about sex**
- ✿ **There's No Place Like Home For Sex Education** by Mary Gossart
- ✿ **<https://sexedrescue.com/sex-education-books/>**

Note: All books listed above have written reviews by **Cath Hakanson** online: **<https://sexedrescue.com>**.
You can also watch her review them individually on **YouTube**.